What I Know

I know the familiar ten-mile feel in my legs at the start of a race. I know the bass line of Corelli's Christmas Concerto and Pachelbel's Canon in D. I know white wine, cold beer, hazelnut coffee—black.

I can navigate Kansas City rush hour in the rain. I have packed my suitcases at midnight and traveled through dark. I know children's first words and the stories that follow. My lips know the stain of fresh berries.

I have crossed the Mississippi when its banks were downtown buildings and farms; I have seen a double sun dog gracing the sky on a winter day. I know shooting stars, moss roses, jasmine tea.

I've watched six yellow finches at the feeder at dawn, I've viewed a solar and a lunar eclipse from the same bridge. I know how towels stiffen on the line in the summer sun; I know Oklahoma wind, Iowa cold,

the silence of good byes that are too hard to say. I once met an angel who entered my second-floor class through a window. I know grass always forgets, but trees hold their memories forever.

I know I love dancers and skiers, and women who know what they know. And I honor those women who are only beginning to learn.

